

Resilience – Strain energy stored in a specimen when strained within elastic limit.

Proof Resilience – The maximum energy stored at the elastic limit.

Modulus of Resilience – Proof resilience per unit volume.



Gradually Applied Loads

Let a vertical bar of length *l* and x-sectional area A be rigidly held at one end and carry a gradually applied load P.

lf

08:34

Resultant extension – δl

Resultant stress in the bar - σ

Therefore axial load P





Now energy stored in the bar is

U = Work done by gradually applied axial load P

= *Average load x elongation

$=\frac{P}{2}\delta l$	$=\frac{1}{2}(c$	$(A)\frac{Pl}{AE}$
$=\frac{1}{2}(\sigma A)$	$\left(\frac{\sigma l}{E}\right) =$	$=\frac{\sigma^2}{2E}Al$

Note

* Load is gradually increased from 0 to P, hence average.

Or

$$U = \frac{\sigma^2}{2E}$$
 x Volume of bar ...(1)

If the value of stress σ at the elastic limit is σ_e then proof resilience is

$$U_P = \frac{{\sigma_e}^2}{2E}$$
 x Volume of bar

Modulus of resilience

$$=\frac{\sigma_e^2}{2E} \quad \dots (2)$$

Sudden Applied Loads

Let

Instantaneous Elongation $-\delta l$

Instantaneous Stress – o

Then equating the strain energy in the bar to the work done by the applied load we get:

U = Work done by load

$$\therefore \qquad **\left(\frac{\sigma}{2}A\right)\delta l = P\delta l$$
or
$$\sigma = \frac{2P}{A}$$

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** Stress increases with increase in stretch from 0 to δl , hence average stress

Instantaneous stress developed in a bar subjected to suddenly applied load is thus twice the stress produced by the same load applied gradually. Therefore, Instantaneous elongation:

$$\delta l = \frac{\sigma}{E} l = \frac{2Pl}{AE}$$

Instantaneous elongation produced in a bar subjected to sudden applied load is thus twice that produced by the load applied gradually.

Stresses due to Impact Loading

Let

- W Dropping Weight
- A Bar cross-sectional area
- δI Maximum elongation of bar
- σ Corresponding stress
- $$\label{eq:posterior} \begin{split} \textbf{P} &- \textbf{Equivalent static or gradually applied load} \\ & \text{which could produce same elongation } \delta \textbf{l}. \end{split}$$

Strain energy in the bar at this instant $=\frac{P\delta l}{2}$

Also work done by the weight $= W(h + \delta l)$

But work done by the weight = Strain energy stored in the bar therefore $W(h + \delta l) = \frac{P\delta l}{2}$



But
$$\delta l = \frac{Pl}{AE}$$

Therefore

$$W\left(h + \frac{Pl}{AE}\right) = \frac{P}{2}\frac{Pl}{AE}$$
$$Wh + \frac{WPl}{AE} = \frac{P^2l}{2AE}$$

or
$$P^2 - 2WP - \frac{2AEWh}{l} = 0$$

Therefore

$$P = \frac{2W + \sqrt{4W^2 + \frac{8AEWh}{l}}}{2}$$

(neglecting negative value)

Therefore

$$P = W \left[1 + \sqrt{\left(1 + \frac{2AEh}{Wl}\right)} \right]$$

...(4)

If, however the value of δl is very small as compared to h, then

$$Wh = \frac{P\delta l}{2} = \frac{P}{2}\frac{Pl}{AE} = \frac{P^2l}{2AE}$$

Therefore

$$P^{2} = \frac{2WAEh}{l}$$
or
$$\frac{P^{2}}{A^{2}} = \frac{2WEh}{Al}$$
or
$$\frac{P}{A} = \sigma = \sqrt{\frac{2WEh}{Al}} \qquad \dots (5)$$